

September 2018 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day	4 Chicken Biscuit Jelly Cereal Fruit Juice Milk	5 Yogurt Parfait Cereal Fruit Juice Milk	6 Breakfast pizza flatbread Cereal Fruit Juice Milk	7 Cinnamon Roll Cereal Fruit Juice Milk
10 Pancake on a Stick Cereal Fruit Juice Milk	11 Biscuit & Gravy Jelly Cereal Fruit Juice Milk	12 Pancake minis Cereal Fruit Juice Milk	13 Toast & Jelly Scrambled Eggs Cereal Fruit Juice Milk	14 Donut Cereal Fruit Juice Milk
17 Breakfast Quesadilla Cereal Fruit Juice Milk	18 Muffin Yogurt Cereal Fruit Juice Milk	19 Biscuit & Gravy Jelly Cereal Fruit Juice Milk	20 Scrambled Eggs Toast and Jelly Hashbrown Cereal Fruit Juice Milk	21 Cinnamon Roll Cereal Fruit Juice Milk
24 French toast sticks Cereal Fruit Juice Milk	25 Breakfast Taco Cereal Fruit Juice Milk	26 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	27 Waffles (2) with Toppings Cereal Fruit Juice Milk	28 Biscuit & Gravy Jelly Cereal Fruit Juice Milk

September 2018 Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day	4 Spaghetti with Meat Sauce Green Beans Garlic Knot Fruit Milk Salad Bar	5 BBQ Chicken Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	6 Pulled Pork Sandwich BBQ Baked Beans Fruit Milk Salad Bar	7 Pizza Italian Salad Carrot Sticks Fruit Milk Salad Bar
10 Country Fried Steak Mashed Potatoes & Gravy Dinner Roll Fruit Milk Salad Bar	11 Ham and Cheese Sub Garden Salad Carrot Sticks Fruit Milk Salad Bar	12 Lasagna Green Beans Breadstick Fruit Milk Salad Bar	13 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk Salad Bar	14 Cheeseburger Tater Tots Fruit Milk Salad Bar
17 Pig in a Blanket Mac and Cheese Green Beans Fruit Milk Salad Bar	18 Beef Enchilada Refried Beans Chips and Salsa Fruit Milk Salad Bar	19 BBQ Mini Meatloaf* Mashed Potatoes & Brown Gravy Dinner Roll Fruit Milk Salad Bar	20 Santa Fe Chicken Wrap Carrot Sticks Fruit Milk Salad Bar	21 Stromboli Marinara Caesar Salad Rice Krispy Treat Fruit Milk Salad Bar
24 BBQ Meatball Sub* Garden Salad Fruit Milk Salad Bar	25 Chicken Alfredo Green Beans Breadstick Fruit Milk Salad Bar	26 Pineapple Glazed Ham Roasted Carrots Corn Dinner Roll Fruit Milk Salad Bar	27 Popcorn Chicken Mashed Potatoes & Gravy Dinner Roll Fruit Milk Salad Bar	28 Cheeseburger BBQ Baked Beans Fruit Milk Salad Bar

*Indicates new menu item

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